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NEWSLETTER JUNE 2002

LE TOUQUET 10K - SATURDAY 6 JULY 2002

Those runners who fancy a PB, this is the course to do it. Fast, flat and very pleasant along the seafront and through the wooded avenues of Le Touquet. Having personally run it eight times I can thoroughly recommend it.

Roy Gooderson has done his usual sterling job of organising the trip for Harriers. The coach cost £18 for senior Harriers, £20 for non-members and £10 for children who MUST be accompanied by an adult who is not running the race.

The race entry fee is 8 Euros in advance. Roy will pre-empter you if you sign up early.

All the times shown below are LOCAL times, some may be subject to change on the day.

Coach pick-up times:

- 06.55 Faversham, Love Lane Cemetery.
- 07.20 Canterbury, Bat & Ball Pub. Opposite County Cricket Ground. Old Dover Road.
- 07.45 Dover Dock Entrance by the Petrol Station.

The Ferry Dover – Calais is at 08.45

It is suggested that you have a substantial breakfast on the ferry, allowing for a light lunch/picnic en route. As usual we will be stopping to shop at the Auchan Hypermarket near Boulogne. Apart from the obvious beer and wine supplies this is a good opportunity to get you provisions for lunch. If everybody gets back to the coach at the agreed time, we will head to Wimeraux for a beach picnic. We should reach Le Touquet some time in mid-afternoon. The coach will be parked close to the sports stadium. This is only a short walk to shops and seafront for non-runners. Showers and toilets are available, if open.

The 10k starts at 17.00.

After the race we will leave Le Touquet heading towards Calais, with hopefully a drink stop at Boulogne Old Town if time allows.

The ferry departs Calais at 22.15.

PLEASE DO NOT SPOIL THE DAY FOR OTHER PEOPLE BY BEING LATE AT ANY OF THE STOPS.

Have a great day and do not forget your PASSPORTS.

Any queries contact Roy Gooderson on:

Daytime: 01227 262319
Evenings: 01227 454449

CLUB COACHES

We really need more active coaches not only for regular training nights but also cover for the times when our present two very hard working coaches are not available. Any member who is interested in taking coaching qualifications should discuss it with Gerry Reilly our Chief Coach. The Cub is prepared to completely subsidise the cost of any recognised coaching courses you undertake. This is an excellent opportunity to widen your interest in running activities. It can be a very rewarding experience for yourself and will also benefit your club and your fellow members.

RACE RESULTS

We're still having difficulties in getting race results. It would be most helpful if one runner at the particular race agreed to take note of all times and pass them onto Fayne Brenner (either by email, fayne.brenner@lineone.net, or by phone 01227 732058). If Fayne doesn't get the results they cannot appear in the local press. Could you please send the results also to news@canterburyharriers.org.uk so that they can be passed on to me for the newsletter.

NORTH DOWNS RELAY SATURDAY 22 June 2002

The Harriers team of stalwarts finished in third place overall.

The 16 stage relay follows the north downs way from Dover to Farnham and is as much about orienteering skills as endurance running. Each runner has to find their own way using a 1:25000 scale map.

Harriers' cumulative time was 1,061 minutes 3 seconds

Our gallant team was:

Mark Wilborne
Steve Reynolds
Joe Hicks
Alastair Telford
Bob Davison
Steve Clark
Stephanie Lam
Julius Christmas
Gerry Reilly
Dave Parnell
Fayne Brenner
Simon Kendall
Sue Reilly