## Kent Fitness League Inter club Relays and Presentation

## Nurstead Court 17/03/2013

This traditional end of season cross country relay event took place at a cold, damp and windy Nurstead Court on Sunday - 13 clubs were represented fielding a total of 30 mixed teams of 5 each runner completing a tough 4 km loop.

This year Dartford Harriers had the successful quintet of Chloe Sharp, Chris Biddle, Alex Cameron, Connor Burford and Craig Sharp. After Chloe had handed over in $3^{\text {rd }}$ place after the first leg, Biddle shortly hit the front on the second leg and the team remained at the front until the end.

Dartford posted a combined time of 1.17 .33 which was almost one minute clear of the next team, Canterbury Harriers (our team champions). Third placed were New Eltham Joggers, whose second leg runner Chris Wyles - the men's champion this season - posted the fastest lap of the day , 13.31. The fastest lap by a lady was 15.50 as run by Nicola Groom (Larkfield AC) on the opening leg.

My thanks to Annabelle Stearns, Eric Pestell and everyone from Gravesend Roadrunners for their sterling efforts in putting on this event. Despite many competing local attractions in the Athletics calendar, the event was well attended and the marquee was packed out for the award ceremony afterwards - thanks to everyone for their support.

So the curtain falls on yet another great cross country season and we can look forward to warmer weather for the next few months (hopefully). See you in the autumn.

## Rob Bright

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 155 | Chloe Sharp | F | $00: 16: 40$ | $00: 16: 40$ |
| 255 | Chris Biddle | M | $00: 31: 22$ | $00: 14: 42$ |
| 355 | Alex Cameron | M | $00: 46: 39$ | $00: 15: 17$ |
| 455 | Connor Burford | M | $01: 02: 23$ | $00: 15: 44$ |
| 555 | Craig Sharp | M | $01: 17: 33$ | $00: 15: 10$ |

2 Canterbury Harriers A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 172 | Barbara Wenman | F | $00: 18: 12$ | $00: 18: 12$ |
| 272 | Mark Ford | M | $00: 32: 30$ | $00: 14: 18$ |
| 372 | Tony McParland | M | $00: 48: 02$ | $00: 15: 32$ |
| 472 | Roddy McLachlan | M | $01: 03: 31$ | $00: 15: 29$ |
| 572 | Simon Jones | M | $01: 18: 30$ | $00: 14: 59$ |

3 New Eltham Joggers A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 161 | Laura Portway | F | $00: 18: 51$ | $00: 18: 51$ |
| 162 | Chris Wyles | M | $00: 32: 22$ | $00: 13: 31$ |
| 163 | Bryan Maillardet | M | $00: 47: 27$ | $00: 15: 05$ |
| 164 | Michael Clark | M | $01: 04: 45$ | $00: 17: 18$ |
| 165 | Matt Field | M | $01: 19: 10$ | $00: 14: 25$ |

4 Sevenoaks AC A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 150 | Pauline Dalton | F | $00: 16: 53$ | $00: 16: 53$ |
| 250 | Lee Lintern | M | $00: 33: 01$ | $00: 16: 08$ |
| 350 | James Wright | M | $00: 49: 36$ | $00: 16: 35$ |
| 450 | Andrew Linney | M | $01: 05: 05$ | $00: 15: 29$ |
| 550 | Gabriel Morris | M | $01: 19: 37$ | $00: 14: 32$ |

5 Sittingbourne Striders A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 169 | Gill Holmes | F | $00: 18: 28$ | $00: 18: 28$ |
| 269 | Aaron Pritchard | M | $00: 34: 22$ | $00: 15: 54$ |
| 369 | Jimmy Sieloff | M | $00: 50: 17$ | $00: 15: 55$ |
| 469 | Martin Clark | M | $01: 06: 29$ | $00: 16: 12$ |
| 569 | Ben Politowicz | M | $01: 21: 30$ | $00: 15: 01$ |


| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 165 | Lynne Champion | F | $00: 17: 21$ | $00: 17: 21$ |
| 265 | Derek George | M | $00: 33: 50$ | $00: 16: 29$ |
| 365 | Trevor Edgley | M | $00: 51: 49$ | $00: 17: 59$ |
| 465 | Mark Champion | M | $01: 08: 30$ | $00: 16: 41$ |
| 565 | Andrew Archer | M | $01: 23: 47$ | $00: 15: 17$ |

$7 \quad$ Petts Wood Runners A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 157 | Hannah Roberts | F | $00: 18: 50$ | $00: 18: 50$ |
| 257 | Simon Bryant | M | $00: 34: 20$ | $00: 15: 30$ |
| 357 | Olly Porritt | M | $00: 50: 45$ | $00: 16: 25$ |
| 457 | Stuart Scott | M | $01: 07: 31$ | $00: 16: 46$ |
| 557 | Stephen Robson | M | $01: 24: 03$ | $00: 16: 32$ |

8 Gravesend RR A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 156 | Annabelle Stearns | F | $00: 16: 30$ | $00: 16: 30$ |
| 256 | Kevin Ball | M | $00: 34: 18$ | $00: 17: 48$ |
| 356 | Jay Smith | M | $00: 51: 44$ | $00: 17: 26$ |
| 456 | Duncan Bannister | M | $01: 09: 09$ | $00: 17: 25$ |
| 556 | David Wright | M | $01: 25: 47$ | $00: 16: 38$ |

9 Maidstone Harriers A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 153 | Julie Stoppani | F | $00: 17: 37$ | $00: 17: 37$ |
| 253 | Keith Dean | M | $00: 34: 40$ | $00: 17: 03$ |
| 353 | David Thornby | M | $00: 52: 19$ | $00: 17: 39$ |
| 453 | Rob Jenner | M | $01: 10: 51$ | $00: 18: 32$ |
| 553 | Mike Murdoch | M | $01: 27: 10$ | $00: 16: 19$ |

10 Thanet Roadrunners Junior Team

| No | Name | M/F | Time EI. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 160 | Rebecca Hales | F | $00: 19: 11$ | $00: 19: 11$ |
| 260 | Alfie Grafton | M | $00: 36: 41$ | $00: 17: 30$ |
| 360 | Kealy Goldsmith | M | $00: 55: 41$ | $00: 19: 00$ |
| 460 | Hughie Coleman | M | $01: 11: 55$ | $00: 16: 14$ |
| 560 | Alex Kavanagh | M | $01: 27: 46$ | $00: 15: 51$ |


| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 170 | Nicola Groom | F | $00: 15: 50$ | $00: 15: 50$ |
| 270 | Eddie Broad | M | $00: 38: 41$ | $00: 22: 51$ |
| 370 | Dave Dean | M | $00: 56: 54$ | $00: 18: 13$ |
| 470 | Ian Broad | M | $01: 13: 45$ | $00: 16: 51$ |
| 570 | Rob Whittaker | M | $01: 29: 31$ | $00: 15: 46$ |

12 Sittingbourne Striders A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 168 | Jo Carpenter | F | $00: 21: 07$ | $00: 21: 07$ |
| 268 | Ian Pateman | M | $00: 38: 28$ | $00: 17: 21$ |
| 368 | Mike Poppy | M | $00: 55: 56$ | $00: 17: 28$ |
| 468 | David Thomas | M | $01: 13: 30$ | $00: 17: 34$ |
| 568 | James Pettitt | M | $01: 29: 50$ | $00: 16: 20$ |

13 Canterbury Harriers B

| No | Name |
| :--- | :--- |
| 173 | Joanne Norrington |
| 273 | Bob Davidson |
| 373 | Mark Wenman |
| 473 | David Waite |
| 573 | Rick Austin |

M/F
F
M
M
M
M
01.13:45

01:29:56

Sevenoaks AC B

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 151 | Catherine Linney | F | $00: 17: 50$ | $00: 17: 50$ |
| 251 | Dan Witt | M | $00: 35: 35$ | $00: 17: 45$ |
| 351 | Ushi Field-Warner | F | $00: 57: 32$ | $00: 21: 57$ |
| 451 | Lee Lintern (2) | M | $01: 13: 40$ | $00: 16: 08$ |
| 551 | James Wright (2) | M | $01: 30: 35$ | $00: 16: 55$ |

15 New Eltham Joggers B

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 164 | Geraldine Eastment | F | $00: 19: 13$ | $00: 19: 13$ |
| 264 | Alan Cox | M | $00: 37: 22$ | $00: 18: 09$ |
| 364 | John Kemp | M | $00: 56: 36$ | $00: 19: 14$ |
| 464 | Dai Jones | M | $01: 14: 36$ | $00: 18: 00$ |
| 564 | Nick Curtis | M | $01: 31: 50$ | $00: 17: 14$ |

Bromley Vets A

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 178 | Paula Champman | F | $00: 26: 21$ | $00: 26: 21$ |
| 278 | Gavin Kitchingham | M | $00: 41: 04$ | $00: 14: 43$ |
| 378 | Simon Horler | M | $00: 55: 50$ | $00: 14: 46$ |
| 478 | Chris Marshall | M | $01: 13: 35$ | $00: 17: 45$ |
| 578 | Phil Greenfield | M | $01: 31: 51$ | $00: 18: 16$ |

17 Swanley \& Distr./Thanet informal

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 181 | John Cooper | M | $00: 20: 15$ | $00: 20: 15$ |
| 281 | Andy Dunmall | M | $00: 39: 02$ | $00: 18: 47$ |
| 381 | Matt Woolston | M | $00: 56: 49$ | $00: 17: 47$ |
| 481 | Andy Dunmall (2) | M | $01: 16: 27$ | $00: 19: 38$ |
| 581 | Matt Woolston (2) | M | $01: 33: 04$ | $00: 16: 37$ |

18 Sevenoaks AC C

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 152 | Happy Fisher | F | $00: 20: 20$ | $00: 20: 20$ |
| 252 | Adam Lesley | M | $00: 37: 31$ | $00: 17: 11$ |
|  | Duncan Warwick |  |  |  |
| 352 | Champion | M | $00: 55: 45$ | $00: 18: 14$ |
| 452 | Dan Witt (2) | M | $01: 13: 30$ | $00: 17: 45$ |
| 552 | Sally Shewell | F | $01: 33: 28$ | $00: 19: 58$ |

Canterbury Harriers C

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 176 | Grainne Brennan | F | $00: 19: 23$ | $00: 19: 23$ |
| 276 | John Hartley | M | $00: 41: 14$ | $00: 21: 51$ |
| 376 | Steve Clark | M | $00: 59: 57$ | $00: 18: 43$ |
| 476 | Gerry Reilly | M | $01: 19: 10$ | $00: 19: 13$ |
| 576 | Mark Ford (2) | M | $01: 34: 10$ | $00: 15: 00$ |

Petts Wood Runners B

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 158 | Sigrid Robson | F | $00: 20: 37$ | $00: 20: 37$ |
| 258 | Stuart Scott | M | $00: 37: 40$ | $00: 17: 03$ |
| 358 | John Gurney | M | $00: 55: 19$ | $00: 17: 39$ |
| 458 | Kenny Sharp | M | $01: 18: 28$ | $00: 23: 09$ |
| 558 | Simon Bryant | M | $01: 35: 01$ | $00: 16: 33$ |


| No | Name | M/F | Time EI. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 174 | Penny Birchall | F | $00: 19: 36$ | $00: 19: 36$ |
| 274 | Gerry Reilly | M | $00: 39: 23$ | $00: 19: 47$ |
| 374 | Steve Reynolds | M | $00: 58: 55$ | $00: 19: 32$ |
| 474 | Neil Benson | M | $01: 17: 50$ | $00: 18: 55$ |
| 574 | Bob Davidson | M | $01: 35: 51$ | $00: 18: 01$ |

22 Medway \& Maidstone AC informal

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 182 | Phil Cuypers | M | $00: 19: 31$ | $00: 19: 31$ |
| 282 | Colin Carpenter | M | $00: 41: 21$ | $00: 21: 50$ |
| 382 | Martyn Corbishley | M | $01: 00: 18$ | $00: 18: 57$ |
| 482 | John Raines | M | $01: 17: 54$ | $00: 17: 36$ |
| 582 | Stuart Nice | M | $01: 36: 43$ | $00: 18: 49$ |

23 Swanley/Thanet Junior Team
No Name
177 Emma Hillier

M/F
F
F
M
M
M

M/F
M
M
M
M
M

Time El.
00:23:02
00:23:02
00:43:37
00:20:35
01:04:04
00:20:27
01:23:01
01:38:53
00:15:52

24 Medway \& Maidstone Informal

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 180 | Martyn Corbishley | M | $00: 17: 28$ | $00: 17: 28$ |
| 280 | John Rains | M | $00: 41: 12$ | $00: 23: 44$ |
| 380 | Stuart Nice | M | $01: 00: 23$ | $00: 19: 11$ |
| 480 | Phil Cuypers | M | $01: 20: 18$ | $00: 19: 55$ |
| 580 | Phil Wallace | M | $01: 39: 30$ | $00: 19: 12$ |

Canterbury Harriers E

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 175 | Dianne August | F | $00: 22: 21$ | $00: 22: 21$ |
| 275 | Paul Lucas | M | $00: 40: 34$ | $00: 18: 13$ |
| 375 | Roy Gooderson | M | $01: 01: 05$ | $00: 20: 31$ |
| 475 | Martin Henry | M | $01: 19: 10$ | $00: 18: 05$ |
| 575 | Bob Pullen | M | $01: 40: 44$ | $00: 21: 34$ |

Maidstone Harriers B

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 154 | Sarah Smith | F | $00: 23: 21$ | $00: 23: 21$ |
| 254 | Craig Peake | M | $00: 44: 08$ | $00: 20: 47$ |
| 354 | Conor Murdoch | M | $01: 03: 31$ | $00: 19: 23$ |
| 454 | Ian Hoad | M | $01: 22: 11$ | $00: 18: 40$ |
| 554 | Alan Probert | M | $01: 41: 08$ | $00: 18: 57$ |

27 Petts Wood Runners C

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 159 | Helen Neoleos | F | $00: 20: 24$ | $00: 20: 24$ |
| 259 | Stephen Robson | M | $00: 37: 33$ | $00: 17: 09$ |
| 359 | Alan Sharp | M | $01: 00: 29$ | $00: 22: 56$ |
| 459 | Julia McCarthy | M | $01: 24: 00$ | $00: 23: 31$ |
| 559 | John Gurney | M | $01: 41: 32$ | $00: 17: 32$ |

28 Maidstone/Sittingbourne Combo

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 179 | Rachel Smith | F | $00: 25: 15$ | $00: 25: 15$ |
| 279 | Caroline Andrews | F | $00: 50: 59$ | $00: 25: 44$ |
| 379 | Darren Quinn | M | $01: 10: 44$ | $00: 19: 45$ |
| 479 | Graham Thomas | M | $01: 32: 20$ | $00: 21: 36$ |
| 579 | Ian Gower | M | $01: 50: 22$ | $00: 18: 02$ |

29 Gravesend RR B

| No | Name | M/F | Time El. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 171 | Zanya Sesay | F | $00: 34: 15$ | $00: 34: 15$ |
| 271 | Peter Granger | M | $00: 58: 42$ | $00: 24: 27$ |
| 371 | Robin Heel | M | $01: 18: 22$ | $00: 19: 40$ |
| 471 | Robin Bell | M | $01: 39: 38$ | $00: 21: 16$ |
| 571 | KevinBall | M | $01: 57: 45$ | $00: 18: 07$ |

Istead \& Ifield B

| No | Name | M/F | Time EI. | Time Indiv. |
| :--- | :--- | :---: | :---: | :---: |
| 177 | Claire Ward | F | $00: 25: 43$ | $00: 25: 43$ |
| 277 | Tim Bell | M | $00: 41: 11$ | $00: 15: 28$ |
| 377 | Lesley Archer | F | $01: 11: 17$ | $00: 30: 06$ |
| 477 | Christopher Archer | M | $01: 38: 19$ | $00: 27: 02$ |
| 577 | Daryl Lucas | M | $01: 59: 22$ | $00: 21: 03$ |

